

DARUL ULOOM'S

HALAAL BOOKLET

JULY 2020/ZHUL HIJJAH 1441 AH

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INTRODUCTION

Welcome to the latest edition of our Halaal Booklet.

This is a very difficult period for the world at large as many countries continue to be in the grips of the Coronavirus pandemic. Alhamdulillah, here in Trinidad and Tobago, we have largely been spared from the extent of illness and death seen in many other countries. We ask the Almighty Allah (SWT) to continue to protect us from this terrible plague and remove it from all nations.

During this period as well, many restaurants and food places were forced to close including our halaal food places. Through the mercy of Allah (SWT) however, almost all of these places have re-opened and have been recertified by the Darul Uloom Halaal Committee (DUHC).

It is therefore our hope that you will continue to patronize these outlets as they attempt to survive in these trying times. Remember that they make the sacrifice of purchasing local meats which are many times more expensive than foreign non-certified meats. Additionally they ensure that they are halaal certified so Muslims can eat there with confidence.

In this booklet, we have also included some new information on food items, snacks and have also included information on fast food outlets. We hope this is helpful. As usual, please remember to look carefully at the halaal certificates at the store ensuring that the certificate is specific to the store itself and that it has not expired.

May Allah continue to guide us and keep us safe.

We appreciate your feedback. Please contact us:

- ✓ www.darululoomtt.net
- ✓ The Halaal Committee Office – 693-0364
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NOTE: NEWLY CERTIFIED RESTUARANTS/OUTLETS ARE HIGHLIGHTED IN RED

Port of Spain & Environs

FAST FOOD/ RESTAURANTS

Bombshell Bay

Restaurant (634-4518)
Bombshell Bay Gasparee
Island. (19th Mar 2021)
Variety cuisine serves
lunch and dinner. Dine in or
take away service.

Chef Works Ltd. (653-
8254) Food Court, Long
Circular Mall, St. James.
(27th Dec 2020) Burgers &
grill foods. All beef, lamb
and chicken.

Hakka Express (334- 2552)

a) Shoppes of Maraval,
Maraval (12th Aug 2021)
b) Starlite Plaza, Diego
Martin. (Aug 2021)
c) The Falls at Westmall,
Westmoorings (12th Aug
2021)
Dine in or take away –
Hakka Cuisine.

Nafaa' Xpress (269-9241)
Corner French & Aripata
Avenue, Port of Spain. (14th
November 2020) Grill
foods, burgers and gyros.
All gyros, beef, lamb and
chicken.

SALT N' PEPPER (622-
3938) Shoppes of Maraval.
(3rd Feb 2021) Dine in or
take away. Authentic Indian
Food.

Wicked Spoon Buffet.
Food Court, Long Circular
Mall, St. James. (14th June
2021) Burgers & grill foods.
All beef, lamb and chicken

ROTI SHOPS

Ali's East Indian Cuisine
(225-2547) Town Center
Mall, Frederick St, P.O.S.
(9th Nov 2020) Dine in or
take out – Roti and sides.

Hosein's Roti Shops (26th
Jan 2021)
a) Independence Sq. P.O.S
(627-3036)
b) George St, POS (627-
2357)
c) #95 Charlotte St, P.O.S
(625-7684)
Dine in or take out – Roti,
meals and Indian
delicacies.

San Juan & Environs

BBQ, BURGER & GRILL

Adam's BBQ & Grill (276-2706) #8 Railway Road, San Juan. (25th Jun 2021) Bar-b-que and grill foods. All beef, lamb and chicken. Dine in or take away.

Bar-B-Que Express (377-2288) Eastern Main Road San Juan. (10th June 2021) Dine in or take away. Bar-B-Que. All chicken, lamb, beef and sides.

De Grill (737-4857) #103 El Socorro Main Rd. San Juan. (3rd October 2020) Take out - burgers, grilled meats and sides.

Game Works (748-9778) #5 Mohammed Ville, El Socorro Road San Juan (4th Aug 2020) Burgers, Hotdogs, Grilled meats and sides.

Hakka Express (334-2552)

#7 Midland Centre, Corner Cyrus Trace and Churchill Roosevelt Highway, El Socorro. (12th Aug 2020) Dine in or take away – Hakka Cuisine. All Chicken and Beef.

Mr. Patacon & Grill (281-2138) El Socorro Main Road, San Juan. (11th Mar 2021) All chicken & beef. Spanish/Mexican foods. Take away only.

Mamoo's Bar-B-Que (675-0616) Farouk Ave, El Socorro Main Rd. San Juan. (29th Jan 2021) Dine in or take out - BBQ meats, kebabs, sides and sandwiches.

Socorro Grill (283-8710) (3rd July 2021). El Socorro Main Road, San Juan. Grill foods and sides. All chicken, duck, beef and lamb.

FAST FOOD/ RESTAURANTS

Chilli Masala (308-2373)
LP 15 El Socorro Main
Road, San Juan. (26th Jun
2021) Authentic Indian
cuisine. All beef, lamb and
chicken. Dine in or take
away.

Fryday's Fried Chicken
(775-1447) Corner Bim Bim
Trace and El Socorro Main
Road, San Juan. (7th Nov
2020) Take away chicken,
lamb, fries and sides.

Himchuli Restaurant
(225-2201) # 101 El
Socorro Main Road, San
Juan. (3rd Oct 2020) Dine in
or take away. Nepalese
cuisine.

Sharida's Place (299
7502) #103 Aranguel Main
Road, San Juan. (15th Sept
2020) All meats and
ingredients. Take away
Breakfast and lunch menu
and roti.

SherNette's Food 4 All
(707-9129) #4 Sieudass
Trace, El Socorro Main
Road, San Juan (28th July
2021). Grill foods and
sides. All chicken, beef and
lamb.

CHINESE

Asian Wok (610-1384)
#169 Aranguel Main Road,
Aranguel. (13th Mar 2021)
Hakka and Chinese style.
All beef, lamb and chicken.
Dine in or take away.

**New Kwai Yuan
Restaurant** (638-8014)
#21 El Socorro Road, San
Juan (22nd May 2021) Dine
in or take out - Chinese
Cuisine.

**Young Ho Lee's Chinese
Restaurant** (674-1537)
Corner Ward Lane and El
Socorro Rd. San Juan (11th
Oct 2020) Dine in or take
out - Chinese Cuisine.

ROTI SHOP

Ali Baba's Roti Lovers

(768-5875) #169 Aranguéz Main Road, Aranguéz. (9th September 2020) Roti, variety cuisine and lunches. All chicken, duck and goat.

Darling's Kitchen

(340-4084) Corner Mangra Street and Aranguéz Main Road, San Juan (28th Jan 2021) Dine-In or Take-Out Roti and Meals.

Hosein's Roti Shops

#162 Eastern Main Rd, Silver Mill, San Juan (674-7684) (26th Jan 2021). Dine in or take out – Roti, meals and Indian delicacies.

Simones Kitchen

(674-7563) #71 Aranguéz Main Road, Aranguéz. (14th October 2020) Roti, variety cuisine and lunches. All chicken, duck, lamb and goat.

Sylvie's Roti Shop

(221-1277) #4 Backchain St, El Socorro, San Juan. (22nd

May 2021) Dine in or takeout – Roti, meals and Indian delicacies.

Sherry's Roti Shop

(720-4695) LP # 11 Fifth Street, San Juan. (12th Jan 2021) Roti and sides. Take out only.

MEATS & POULTRY

Abdullah's Poultry Depot

(396-6845) Corner Lootoo Street, El Socorro Road. San Juan (15th Jan 2021) All broilers, layers, ducks etc.

Ali Baba's Meat Shop

(675-6532) #93 Aranguéz Main Rd, San Juan. (20th Feb 2021) All broilers, layers, ducks etc.

First Choice Chicken Ltd.

(675-1883) #7 Saddle Rd. San Juan. (9th June 2021) All broilers, layers and ducks, etc.

Halal Village (703-9985)
Lp.10, El Socorro Rd., San
Juan. (20th Feb 2021) All
chicken and ducks, etc.

Ismaeel's Poultry (674-
9668) #2 Don Miguel Rd.
San Juan. (19th June 2021)
All broilers, layers, ducks
etc.

**Nassa & Sandy Meat
Shop** (674-0810) # 12
Satar St. Aranguéz, San
Juan (20th Feb. 2021) All
goat, beef, chicken ducks,
and lamb.

Reeyad's Poultry Depot
(675-0065) #147 Aranguéz
Main Rd. San Juan. (19th
June 2021) All broilers,
layers, ducks etc.

Salimah Poultry Depot
(759-7555)
Johnny King Road, San
Juan (14th September
2020) All broilers, layers,
ducks etc.

**Shamshudeen's Poultry
Depot** (674-3523) Cor.
Back Chain and William St.
San Juan. (22nd May 2021)
All broilers, layers, ducks
etc.

Superior Quality Meats
(+1-868-703-9003) **187**
East Main Road,
Barataria (18th Nov 2020).
All meats and poultry.

Lolly's Poultry Depot
(707-2297) No. 183 Lower
Aranguéz Main Road, (16th
Jun 2021) San Juan. All
broilers layers, ducks etc.

DISTRIBUTORS

Green Olive (681-7203)
#83 Bamboo Settlement,
#2 Valsayn (South) (7th Jan
2021) All chicken, ducks,
beef and lamb.

Meat Hook Ltd. (270-
9052) El Socorro Main
Road San Juan (25th Sep.
2020) All chicken, beef,
duck, lamb, goat and
products.

St. Joseph & Environs

ROTI SHOPS

CURRY KHAZANA (222-6864) Valpark Food Court, Valsayn (6th Oct 2020) Takeout and dine in Breakfasts, lunches and roti.

Hosein's Roti Shop (662-2831) Look for special logo. (28th Jan 2021) #144 Eastern Main Rd, Tunapuna (662-2831) Dine in or take out – Roti and Indian delicacies.

Juman's Roti Shop (645-5104) #75 Jackson Street, Curepe. All meats and ingredients. Take away roti and sides. (15th Sep 2020)

Amin's Roti Shop (298-8856) #11 Eastern Main Road, Curepe. (29th Oct. 2020) Dine in or take out - Roti and variety cuisine.

FAST FOOD/ RESTAURANTS

Oriental Cuisine (373-4227) S.A.C Building St. Augustine, UWI. (19th April 2021) Dine in or take away. Bar-B-Que. All chicken, lamb, beef and sides.

Cairo Grill (394-4474) #1 First Street, Bamboo #3, Valsayn. (14th November 2020) Grill foods and burgers. All beef, lamb and chicken.

Chadon Beni (662-0161) Oasis Food Court, Grand Bazaar, Valsayn. (22nd May 2021) Dine in or take away breakfast, lunch and a variety cuisine.

Flame Express Grill (645-9433) Corner Henry Pierre Street and Eastern Main Road, St. Augustine. (9th Nov 2020) Dine in or take out breakfast and lunch variety cuisine.

Hakka Express (334-2552)
a) Trincity Mall, Level Two Food Court, Trincity (12th Aug 2021)

b) UWI, Opposite Main Entrance, Churchill Roosevelt Highway, St. Augustine (12th Aug 2021)

Dine in or take away – Hakka Cuisine.

Hello Chicken (470-6112) #2 Evans Street, Curepe. (14th November 2020) All chicken product, fries and sides. Dine in or take away.

Indigenous Investments Ltd Formerly Japs Fried Chicken (374-6008) St. Vincent Street, Eastern Main Road, Tunapuna. (18th March 2021). Dine in and take out. All chicken product, fries and sides.

Nafaa' Xpress (309-9988) #1 First Street, Bamboo #3, Valsayn. (14th November 2020)) Grill foods, burgers and gyros. All gyros, beef, lamb and chicken.

Saté House (223-1917) Valpark Food Court, Valsayn. (15th Sep 2020) Dine in or take away. Indonesian cuisine, serving lunch and dinner.

T & T's Chicken Hut (645-0821) #49 Southern Main Rd, Curepe (4th Nov 2020) Dine in and take out chicken, fries and sides.

Tandoori Hut Food Court, Grand Bazaar. (662-6747) (27th Mar 2021) Dine in or take out Indian cuisine.

BBQ, BURGER & GRILL

Max Burger House (221-2325) #20 Northon Street, Tunapuna (26th April 2021) All meats and ingredients. Dine in and take away Bar-B-Que, Grilled meats and Burgers

CHINESE

Yi Hing (662-9849) #21 Eastern Main Road, Tunapuna. (19th Feb 2021) Dine in or take out-Chinese Cuisine.

MEATS & POULTRY

Ali's Meats & Poultry Mart (663-5503) #22 Pasea Main Road Tunapuna. (13th Jan 2021)

All chicken, duck, goat, lamb and beef.

St Augustine Poultry Depot (756-0075) # 90 Eastern Main Road, St Augustine. (24th Mar 2021) All broilers, ducks, beef and lamb.

Zulaika & Sons Mini Mart (645-8167) # 2 Riverside Road, Curepe (20th Oct 2020) All broilers, ducks, layers, beef, lamb and goat etc.

Arima & Environs

FAST FOOD/ RESTAURANTS

Big Bites (704-3586) Corner Woodford & Farfan St, Arima. (17th Feb 2021) Dine in and take out chicken, fries and sides.

Chic King (763-5226) #27 Guanapo Street, Arima (18th Mar 2021) Fried chicken and sides. All chicken. Dine in or take away.

D Ranch (640-5560) Food Court, Trincity Mall, Trincity(14th August 2021) Dine in or Take-away chicken, lamb, burgers and sides.

Flames Express Grill (642-5856) Extra Foods Compound O'Meara Road, Arima. (19th May 2021) Variety Cuisine. Dine in or take out breakfast and lunch variety cuisine.

Hakka Express (334-2552) Shoppes of Arima, Tunpuna Road, Arima (12th Aug 2021) Dine in or take away – Hakka Cuisine. All Chicken and Beef.

Indigenous Investments Limited Formerly **Japs Fried Chicken Ltd.** (691-5884) (24th Oct 2020) Arima. Dine in and take out chicken, fries and sides.

Mama Kins Café (692 4303) LP #7 Corner London Street and Golden Grove Road, Arouca. (24th Oct 2020) All meats and ingredients. Dine-In or Take-Away Chinese dishes

Popeyes (623-2337)
Trincity Mall Food Court,
Trincity Central Road,
Tacarigua. (3rd Oct 2020)
All items.

Popo Fast Food (228-1012) #227 Caroni Bank Road, St. Helena. (15th September 2020) Dine in and take out. All chicken product, fries and sides.

Tandoori Hut (640-8020)
Food Court, Trincity Mall,
Trincity. (27th Feb 2021)
Dine in or take out.
Authentic Indian cuisine
and fruit juices.

BBQ, BURGER & GRILL

Al Haq Bar-B-Que (271-3579) Booth # 4-5 Piarco Airport, Food Court, Piarco (12th Jan 2021) Take out - burgers, grilled meats and sides.

ROTI SHOPS

Hosein's Roti Shop (667-4130) #15 Farfan St. Arima. (28th Jan 2021) Dine in or take out – Roti, meals and Indian delicacies.

Hot Sauce Roti Shop
(640-5818) #133 E.M.R.
Tacarigua (18th Oct 2020)
Dine in or takeout – Roti
and Indian delicacies.

D Roti Lover's (323-3528)
Booth # 5 Piarco Airport,
Foodcourt (12th Jan 2021)
Take away roti and
lunches. Chicken and
Goat.

MEATS & POULTRY

Chicken Rush Poultry and Meat Mart (484-5976)
Corner of E.M.R & Heights
of Guanapo Road, Arima.
(20th April 2021). All
chicken, layers, broilers,
duck and meats.

Mikaeel's Meat Shop
(707-9051) # 66 Secharan
Street, Cane Farm,
Tacarigua. (10th Feb 2021)
All broilers, ducks, beef,
lamb etc.

Circle B Ranches Ltd.
Nicaragua Road, Cumuto.
(299-4058) (21st Jan 2021)
All chicken, rabbits, ducks,
beef etc.

Pro Processors Farm Ltd
(369-1510) #23 Omeara
Road, Arima (26th Jan
2021) All broilers, layers,
ducks etc.

DISTRIBUTORS

**Fine Choice Meats Ltd.
and Heat and Eat Ltd.**
(643-8860) San Rafael,
Arima. (5th Mar. 2021) All
broilers, parts. Heat 'n' Eat
Products.

Arawak Ltd. (642-9405)
a) D'Abadie (26th May
2021)
b) Arima (26th May
2021) All broilers and
parts.

Sangre Grande & Environs

FAST FOOD/ RESTAURANTS

**Indigenous Investments
Limited** Formerly **Japs
Fried Chicken Ltd.** (691-
5884) (24th Oct 2020)
a) Sangre Grande,
Foster Rd. (691-
5277)

b) Sangre Grande,
Andre St.
c) Valencia (374-
5829)

Chic King (271-8427)
No 911 Eastern Main
Road, Sangre Grande (18th
Mar 2021) All chicken and
sides.

Chic King (474-7910)
Ojoe Road, Sangre Grande
(18th Mar 2021) All chicken
and sides.

Chic King (270-6120)
Mile Mark 24 3/4 Toco
Main Road, Cumana
Village. (18th Mar 2021) All
chicken and sides.

BBQ, BURGER & GRILL

D BAR- B- QUE SHED
(336-8878) Masjid
Compound, Coalmine
Road, Sangre Grande (9th
Nov 2020) Take out Bar B
Que, grilled meats and
sides.

MEATS & POULTRY

Al Ameen Poultry (691-1297) LP #89 Starr Street, Gauico Tamana, Cunaripo. (20th Sept 2020) All Chicken and duck.

Azad Ali (346-3098) #55 Blake Avenue & Damarie Hill, Sangre Grande (20th Dec 2020) All broilers, layers, ducks.

Danyal's Meat Shop (473-7925)

#5 River Road, Valencia (15th October 2020) All broilers, layers, ducks etc.

R&R Processors (653-8254) L.P #57 S.M.R Sangre Grande. (20th Dec 2020) All broilers, ducks, beef and lamb.

Zaac's Meat and Poultry (460-7680) #2 Andre St. Sangre Grande (12th July 2021) All broilers and ducks.

Chicken Corner (398-5430) LP # 175 Corner Baker Street & Eastern Main Road, Sangre

Grande. (15th Sept 2020) All broilers layers, ducks etc.

DISTRIBUTORS

As-Salaam Distributors

(691-1654) Marnrick Street, Sangre Grande (8th Dec 2020) All broilers, layers, ducks etc.

Chaguanas & Environs

ROTI SHOPS

SHAM'S ROTI SHOP

(351-0250) Lot #17 Daya Avenue, Penco Lands, Longdenville. (15th Sept 2020)

Sandra Roti Shop (385-8644) #40 Constance Street, Montrose, Chaguanas. (5th July 2021) Roti, variety cuisine and lunches.

BBQ, BURGER & GRILL

Abraham's Grill Hut (223-9000) #600 Munroe Road, Cunupia. (15th Jan 2021)

Dine in or take out grilled meats sides and pasta.

Al Haag Bar-B-Que (672-2903) Lp# 56 Main Road, Montrose, Chaguanas (12th Jan 2021) Take out - burgers, grilled meats and sides.

Ali's Bar B Que (743-4649) Railway Road, Cunupia (14th Jan 2021) Take out - BBQ chicken, lamb and sides.

Central Bar B Que (693-1112) Munroe Rd, Cunupia. (16th Jan 2021) Dine in or take out grilled meats and sides.

Cyro's Bar B Que (673-1919) (21st March 2021) Dine in or take away. Bar-B-que and burgers. All chicken & lamb.

- a. #146 Waterloo Road, Carapichaima.
- b. Mission Road Freeport. (271-5665).

Fal's Bar B Que (665-6573) # 84 Caroni Savannah Road, Charlieville. (21st Jan 2021) Take out. Grilled meats and sides.

Al Kafta Grill (777-5636). Sun Plaza Building, Munroe road flyover, Charlieville. (28th June 2021) Arabic and Grilled Foods.

Paul A. Grant Butcher's & Steakhouse (331-0737) #113A Ferderick Settlement, Caroni. (5th April 2021) Dine in or take out grilled meats, steaks and sides.

Max Grill House (683-3211)

a) Caroni South Bank Rd. (22nd Nov 2020)

b) Southern Main Rd, Enterprise (671-1340)

c) No. 1-2 Main Road, Chaguanas,

d) No. 44 Montrose Main Road, Chaguanas. (221-1118)

Dine in or take out - grilled chicken, lamb and sides, breakfast items, fresh juices, desserts.

Mazin Grill (760-2230) Corner ASJA Ave & Caroni Savannah Rd, Charlieville (15th Sept 2020). Arabian foods, burgers and Gyro. All Beef, chicken, lamb and gyro. Dine in or take away.

Reza's Bar-B-Que Hut (738-4762) #107
Warrenville Main Rd,
Cunupia. (22nd May 2021)
Take out BBQ chicken,
lamb and sides.

Smokey Bones Grill and Pasta Hut (225-6605)
#164 Caroni Savannah
Road, Charlieville. (14th
Mar 2021) Dine in or take
out. BBQ chicken, lamb,
beef and sides.

Tasrific Burgers (466-
6843) Munroe Road,
Cunupia (7th November
2020) Grill foods and
burgers. All beef and
chicken.

Trinbagonian Food Cottage (288-8255) #31
Railway Rd, Cunupia (29th
Nov 2020) Dine in and
take out fried chicken,
BBQ, roti and variety
cuisine.

Treehouse (767-6476) LP
#13 Warren Munroe Road,
Cunupia. (24th Oct 2020)
All chicken, lamb and beef.
Grill foods and sides.

Warrenville Food Shop and Bar-B-Que (312-1956)
#91 Southern Main Rd.
Warrenville. (6th Oct 2020)
Take out roti, breakfasts,
lunches and weekend BBQ
and sides.

Hosein's Bar B Que Hut
(768-8311) #91 Munroe
Road, Cunupia (3rd Nov
2020) Take away grilled
meats and sides.

FAST FOOD/ RESTAURANTS

Baldhead Grillfoods (360-
5538) Barakah
Grounds, Narsaloo Ramaya
Road, Chaguanas (19th Oct
2020) take out - burgers,
grilled meats and sides.

Daarus Salaam (782-
2759) Caroni Savannah
Road, Charlieville (15th
Sept 2020). Arabian foods,
burgers and Gyro. All Beef,
chicken, lamb and gyro.
Dine in or take away.

Dil's Diner (488-8368) Sun
Plaza, Off Munroe Road
Flyover, Cunupia. (25th Jun
2021) Local cuisine. All
beef, lamb and chicken.
Dine in or take away.

D.S Food Palace (764-6909) # 128 Caroni Savannah Road, Charlieville. (24th Feb 2021) Breakfast and lunch variety cuisine.

Chic King (264-2326) Corner Chin Chin and Eastern Main Road, Chin Chin. (18th Mar 2021). All chicken and sides.

Chick-n-Licious Home-style Fried Chicken (331-3637) #2 Endeavour Link Rd, Chaguanas (6th Oct 2020) Take out chicken and chips, burgers and sides.

Faheem's Food Hut (739-9064) #67 Caroni Savannah Rd. Chaguanas (15th Sep 2020) Weekend take out Bar B Que meats and sides.

Flames Express Grill (671-4733) Ramsaran Plaza, Chaguanas. (17th Dec 2020) Dine in or take out breakfast and lunch variety cuisine.

Flamboyant Cuisine (223-5200) No. 168 Munroe Road, Cunupia. (27th Nov 2020) Breakfast and lunch variety cuisine and Indian delicacies.

Hafiz Khalid Quality Foods (331-6322) Cor. Saleem Ave., Munroe Road, Cunupia. (20th Oct 2020) All chicken, lamb and beef. Authentic Indian Cuisine.

Hakka Price Plaza (334-2552) #40 Price Plaza Food Court, Endeavour. (12th Aug 2020) Dine in or take away – Hakka Cuisine. All Chicken and Beef.

Kiran's Restaurant formerly Havelli Restaurant (693-2561) LP #225, Southern Main Road, Cunupia. (9th Mar 2021) Dine in or take out Indian cuisine.

K&N Local Delights (354-6719) #256 Southern Main Road, Cunupia. All Chicken and sides. (17th July 2021)

Karen Lisa Food Delights (357-4477) #57 Caroni Savannah Road, Charlieville. (11th April 2021) Take out. Local cuisine. Breakfast and lunch.

Mohammed's Diner (693-0800) Munroe Rd. Cunupia. (19th Feb 2021) Dine in or take away – Breakfast, lunch, roti and variety cuisine.

Nick's Café (672-7272) Caroni Savannah Rd. Charlieville (23rd Nov 2020) Take out breakfast and sandwiches.

New Rasam (645-0994) Heartland Plaza, Endeavour. (4th Oct 2020) Dine in full-service lunch, dinner and buffet. Indian and Thai buffet.

Red Chilli Rest & Catering (693-2056) LP # 11 Munroe Road, Cunupia. (11th Oct 2020) Dine in or take away. Indian and Chinese Cuisine

Richard's Restaurant. (734-5773) Main Road Chaguanas, Upstairs 2001 Plaza (15th Mar 2021) Dine in or take away Indian and local dishes.

Señor Gyro (671-3513) Price Plaza Food Court. (11th Feb 2021) Dine in or Take away. Tacos, gyros, burgers and breakfast.

Shawarma Bites (717-9008) Sun Plaza, Munroe Road Flyover East, Charlieville. (5th Jun 2021) Dine in or take away. Arabian foods. All gyros, chicken, lamb, beef & sides.

T & T's Chicken Hut (671-6080) #78 Caroni Savannah Rd. Charlieville (6th Oct 2020) Dine in and take out chicken, fries and sides.

Trini Fried Chicken (779-3059) #78 Munroe Road, Cunupia (20th August 2021). Grill foods and sides. All chicken, duck, beef and lamb.

Rotisserie Kings (470-3663) #319 Munroe Road, Cunupia. (19th July 2021) Dine in or Take away chicken, lamb and sides

TANDOORI HUT (497-2653) (665-1033)

- a. Barakah Grounds, Narsaloo Ramaya Road, Chaguanas (7th August 2020) Dine in or take out Indian cuisine.
- b. Food Court, Price Plaza. (15th Sept 2020)

Vanilla Bean (223-9527)
#121 Munroe Road,
Cunupia. (11th February
2021) All chicken and beef.
Gourmet cuisine. Dine in or
take away.

**Waseem's Homestyle
Food** (478-5546) #31
Railway Road, Cunupia.
(25th Jun 2021) Local
cuisine. All beef, goat, duck
and chicken. Dine in or
take away

CHINESE

**Liu Chinese
Restaurant** (777-9238)
182 Cacande Road,
Felicity. (18th July 2021) All
chicken, beef and Lamb.
Chinese Restaurant. Dine
in or take away.

**Young Ho Lee's Chinese
Restaurant** (671-8881)
#116B Caroni Savannah
Rd. Charlieville. (7th Dec
2020) Dine in or take out -
Chinese Cuisine.

New Wang Wang (693-
2935) # 127 Munroe Road,
Dine in or take away. (28th
Mar 2021) Dine in or take
out. Chinese Cuisine.

**New Young Ho-Lees
Chinese Restaurant** (671-
2043) #53 Southern Main
Rd. Montrose. (15th Oct
2020) Dine in or take out -
Chinese Cuisine.

**Wing Hua Chinese
Restaurant** (665-4639)
Caroni Savannah Rd.
Charlieville. (28th Apr 2021)
Dine in or take out -
Chinese Cuisine.

**Best Fortune House
Chinese Restaurant** (693-
2888) Corner Marshall
Trace & Munroe Rd. (14th
Jun 2021) Dine in or take
out. Chinese Cuisine.

MEATS & POULTRY

A&D Distributors (669-
9126) #50 Las Lomas, #1
Cunupia. (20th Dec 2020)
All broilers, ducks etc.

Ali's Poultry Depot (380-
2165) 708 Southern Main
Road, Warrenville. (5th Oct
2020) All chicken, duck and
goat.

**Caribbean Poultry Depot
& Meat shop** (346-9340)
Lp #26 Apping Street
Longdenville (5th May
2021) All chicken, duck,
beef k/lamb and goat.

Imtiaz Khan TA Imtiaz Organic Meats (776-4270)
Seenarine Trace, Kelly Village (10th Dec 2020) All beef, goat, lamb etc.

FM Enterprises Ltd. (665-5640) Southern Main Rd. Warrenville. (20th July 2021) All broilers, layers, ducks etc. Also, beef, goat, lamb etc.

Island Chicken (672-3850)
(a) Caroni Savannah Rd. Charlieville (14th Apr 2021)
(b) Longdenville Main Rd. Chaguanas (720-4719) (5th Oct 2020) All broilers, layers and duck.

Ismaeel's Poultry and Feed Depot (671-0243)
Railway Rd. Cunupia. (20th Mar 2021) Broilers, lamb, beef, goat and other meats.

Javastasia Distributors Ltd (788-5282) #28 Assaraff Road, Charlieville. (5th July 2021) All broilers, layers, ducks.

Kamil's Poultry Depot (221-9515) Southern Main Rd. Warrenville. (16th Oct 2020) All broilers, layers, ducks etc.

Khaleel's Poultry & Meat Centre (488-7501) #39 Calcuta Settlement Raod #2, Freeport. (26th January 2021) All Beef, lamb, goat, chicken and duck

Mablisah's Poultry Depot & Meat Shop (793-3695) #56 Derrick Road, Chase Village, Chaguanas. (15th May 2021). All Beef, chicken and goat.

Midway Meat Shop (693-0394) #89-90 Munroe Rd. Cunupia. (6th Nov. 2020) All broilers, layers, ducks, etc. beef, goat, lamb etc.

Prestige Meat (316-2291) #8 Limefruit Road Ext. Freeport. (9th May 2021) All broilers, layers, ducks.

R&M Poultry & Meat Shop (769-2981) Xavier Street, Chaguanas. (29th March 2021) All chicken, layers, broilers and duck, lamb, goat and beef.

R & S Poultry Depot (720-2429) # 39 Pierre Road, Felicity, Chaguanas (10th March 2021) All broilers, layers, ducks.

Rahaman's Top Quality Meats (716-1979) Main Road, Munroe Road, Cunupia. (17th April 2021) broilers, ducks, lamb etc.

Shaheed Ali (Butcher) (665-3114) #20 Ackbar Trace Charlieville. (10th Feb. 2021) All local beef and lamb.

Sharaz Ali Meats & Mini Mart (365-8176) #41 Cunupia (22nd May 2021) All Chicken, Beef, Goat, Lamb and Duck.

DISTRIBUTORS

Naisa Brand Products Ltd (665-3078/9) #23 Bejucal Rd. Cunupia. (16th July 2021) All frozen beef, lamb, goat and other meats. Also, all processed products, bologna, patties, chicken, beef and lamb hot dogs and Jamaican patties.

Nich & Su Company Ltd (719-8583) Assaraff Road, Charlieville. (3rd July 2021). All chicken.

Couva & Environs ROTI SHOPS

Mohammed's Roti Shop (222-1023) # 714 Southern Main Road, California. (4th May 2021) All meats and ingredients. Take away chicken, beef and goat roti.

BBQ, BURGER & GRILL

Khadeeja's Grill (298-0088) #777 S.M.R. Couva (27th Mar 2021) Dine in or take out - grilled meats, burgers and sides. Dine in or take out - grilled chicken, lamb and sides.

The Finest Grill Hut Ltd (687-3599) #70 Grand Couva Main Road, Preysal. (26th April 2021). Grill foods and sides. All chicken, and lamb.

FAST FOOD/ RESTAURANTS

Kazza Pot & Kettle (228-4100) Corner Charlotte and S.M.R Couva. (20th April 2021) Fine dining. All chicken, turkey, beef lamb and sides.

Saharah (233-1049) #123 Mission Road, Freeport (opp. Freeport Police Station) (5th Nov 2020) Dine in or take away. Breakfast, lunch and dinner. BBQ and variety cuisine.

MEATS & POULTRY

Ameer's Meat Shop (492-6983) #568 S.M.R. Chase Village (15th Sep 2020). All broilers, layers, ducks etc. Also, halaal goat, lamb etc.

Central Farms (310-0059) Milton Rd, Couva. (10th Nov 2020) All ducks.

Central Premium Broilers Ltd. (683-8064) St. Margaret Junction, Claxton Bay (21st Jan 2021) All broilers.

Daga Poultry. (353-6024) Calcutta Settlement #1, Freeport (20th June 2021) All broilers, layers, ducks.

Dino's Enterprises Co. Ltd (268-9408) # 69 West Exchange Village Couva (8th Nov 2020) All broilers, layers, ducks etc.

Fazila Poultry Depot (730-7947) #50 Brickfield Village, Waterloo, Carapichaima. (14th Mar 2021) All chicken, duck, lamb and goat.

Imtiaz Poultry Depot (682-8065) Lp # 714 Southern Main Rd, California. (23rd Jan 2021) All broilers, layers, ducks, beef, lamb and goat etc.

LJ & Sons Poultry (336-1306) #192A Calcutta #2, Freeport. (18th August 2020) All Poultry.

Perlou Poultry Processing (313-2227) #152 Southern Main Road, McBean, Couva (5th May 2021) All chicken and duck.

Maddy's & Pluck Shop (744-1857) Cor. Junon St. West & Southern Main Road, California. (18th Feb 2021) All broilers, layers, ducks.

Nagib's Poultry and Meat Depot (337-2461) #22 Calcutta Rd. #2 Freeport. (7th Mar 2021) All broilers

Riaz Poultry Depot (706-2143) Calcutta Rd. #2 Freeport. (15th Sep 2020) All broilers, layers, ducks etc.

Riverside Meat Shop (294-8137). Orange Fleid Road, Carapichaima (10th April 2021) All chicken, layers, broilers and duck.

Salana's Poultry (462-6083) #1 Railway Raod, California. (1st Feb 2021) All broilers, layers and ducks.

Zak's Poultry Depot & Meat shop (385-1901) Calcutta Road #2, Freeport. (10th April 2021) All broilers, layers, ducks.

San Fernando & Environs

BBQ, BURGER & GRILL

Bumpy's Bar B Que (743-4837) (7th Dec 2020) Southern Main Road, Grants Road Junction, Rousillac. Take out Bar B Que meats and sides.

D Ranch (220-7494) C3 Centre, Corinth Village, San Fernando (14th July 2021) Dine in or Take-away chicken, lamb, burgers and sides.

Debe Bar B Que Shack (739-2828) # 57 Debe Main Road, Debe. (15th Sept 2020) Take out Bar B Que meats and sides.

Diner Ranch (797-3669) 1mm Rochard Road, Penal. (2nd Feb 2021) Weekend take out - BBQ chicken & lamb, burgers and sides.

Feast Buffet & Grill. (653-8254 / 305-6164) South Haven Mall, S.S Erin Road, Debe. (14th June 2021) Burgers & grill foods, Local cuisine. All beef, lamb and chicken. Dine in or take away.

Grill on De Hill (652-9558) Southern Main Rd. Marabella. (15th Sept 2020) Dine in or take out - grilled meats, steaks and sides.

Hannah's Burgers (493-4262) #26 New City Avenue, Marabella. (19th Mar 2021) Burgers, grill

foods & sides. All Chicken, beef and lamb.

Mohammed's Bar B Que (762-5413) Shoppes of Debe Mall, S.S Erin Road, Debe. (1st Dec 2020) Take out and Dine in. Bar B Que, Grilled meats and sides etc.

Mr. & Mrs. Grill on De Old Road (335-6313) 355 Avocat Main Road, Avocat Village, Fyzabad. (11th Oct 2020) Take out - grilled chicken, lamb, fish and sides. Also, burger patties, hot dogs and salami.

Riley's Diner (268-4899) # 70 Southern Main Road, Marabella. (2nd Nov 2020) Take out or dine in Burgers, grilled meats, sides etc.

The Original Bar B Que Hut (657-9429) Ciper Rd. Victoria Village, San Fernando. (4th May 2021) Dine in or take out – BBQ meats and side orders.

Yasin Bar-B-Que & Grill (304-3514) Debe Junction, Debe. (10th April 2021) Take out. Bar B Que, Grilled meats and sides

etc. All Chicken, beef and lamb.

Zaza Steakhouse & Grill (355-4500) #159 Bamboo Junction, La Romain. (3rd Jan 2021) Steaks and Grill. Cuisine Dine in or take away.

FAST FOOD/ RESTAURANTS

Bella Bites (293-2483)
135 Southern Main Road, Marabella (3rd April 2021) Dine in and take out steaks, burgers and international cuisine.

Café Con Leche (489-7600) #22 Park Street, San Fernando (3rd April 2021) Dine in and take out breakfast and lunch. Local Cuisine.

Chef Works (305-6164) South Haven Mall, S.S Erin Road, Debe. (25th Jun 2021) Local cuisine. All beef, lamb and chicken. Dine in or take away.

Curry Wok Restaurant (288-8095) #216 Union Rd. Marabella. (15th Jun 2021) Dine in or take away – Breakfast and variety

cuisine, catering for all occasions.

Curry Express (271-5880)
#27 Thick Village, Siparia Old Road, Siparia. (11th Oct 2020) Roti, variety cuisine, breakfast and lunches.

Foodland (313-5391) #34 Duncan Village, San Fernando. (25th Jun 2021) Local cuisine. All beef, goat, lamb, duck and chicken. Dine in or take away.

Hakka Express (334-2552)

a) Food Court, Gulf City (12th Aug 2021). Dine in or take away. Hakka cuisine.

b) South Park, Tarouba Mall

c) C3 Centre, Corinth Village, San Fernando. Dine in or take away – Hakka Cuisine.

Khalids Bar B Que (338-8612) # 47 A Naparima Mayaro Road, Cocoyea. (24th March 2021) BBQ, grilled, fried meats and sides. Desserts and Chinese dishes.

Nauri's Cafe (327-2000)
#23A Thick Village, Siparia Old Road, Fyzabad. (1st Feb 2021) All chicken, duck, lamb and goat. Authentic Indian cuisine and sweets. Dine in or take away.

Playdium Gaming Room & Restaurant (657-2385)
South Trunk Rd. Singh Compound, La Romain. (22nd May 2021) Dine in or take out variety lunch and dinner cuisine.

S&R Roti & Local Cuisine (657-2388) #76 Southern Main Road Marabella (26th May 2021) Dine in or take out roti and variety cuisine.

Saudi Local & International Cuisine (335-4001) #106 Egypt Main Road Point Fortin (8th Dec 2020) Dine in or take out –local International cuisine, breakfast and lunch.

Urban Curry Café (382-6262) Food Court, Gulf City. (7th Mar 2021) Dine in or take out roti and variety cuisine.

Tandoori Hut

a) South Park Mall, Tarouba (31st July 2021) (665-1033)

c) Corinth Village, C3 Centre, San Fernando (Apr 2021) (222-8115) Dine in or take out. Authentic Indian cuisine, wings, wraps, sandwiches and fruit smoothies.

Chimichanga Mexican Grill (780-6954)

Cross Crossing, San Fernando. (13th Sept 2020) Food cart. Friday & Saturday nights. Take out tacos, burritos and sides.

Ar Riyadh Restaurant,

formerly Al Bustaan Restaurant (717-8418) #7 Union Road Marabella (24th May 2021) Dine in or take away – variety cuisine, breakfast and lunch.

Amin's Roti Shop (14th November 2020) (652-5108)

- a) #10 Ciperio Street, San Fernando
- b) #32 S.S Erin Road, Duncan Village, San Fernando
- c) Carlton Centre Food Court, St. James, San Fernando

Dine in or take out. Roti and variety cuisine, breakfast and lunch.

Amin's Restaurant and Catering Services (19th Nov 2020)

- a) #216 Southern Main Rd, Marabella.
- b) #243 Southern Main Rd, Marabella
- c) Naparima Mayaro Road, Cocoyea Village
- d) #310 High Street, Princes Town.

Dine in or take out. Roti and variety cuisine breakfast and lunch.

Kanz (221-1447) Farm Road, Aripero, Rousillac (16th Sept 2020) Dine in and take out Breakfast, Lunch and Dinner.

Krispy Krunchy Fried Chicken (677-5810)

#41-43 Harris Village, South Oropouche (10th Oct 2020) Dine in and take out chicken, fries and sides.

Indigenous Investments Limited Formerly **Japs Fried Chicken Ltd.** (691-5884) (24th Oct 2020).

- a) #151 Mon Batille Rd, Mayaro
- b) Gulf City, Food Court
- c) Coffee Street (791-1313)

Dine in and take out chicken, fries and sides, all pizza.

Redd's Fried Chicken (219-0302) #39 Cocoyea Village, San Fernando. (19th February 2021) Fried chicken and sides. All chicken.

Royal Bistro Gourmet (268-4342) Food Court, Atlantic Plaza, Pt. Lisas. (14th Mar 2021) Hakka and Chinese style. All beef, lamb and chicken. Dine in or take away.

CHINESE

Young Ho Lee's Chinese Restaurant # 31 Independence Ave. San Fernando (25th Jan 2021) (653-9987) Dine in or take out - Chinese Cuisine.

Hap Hing Chinese Restaurant (653-9729) #149 Southern Main Rd. Marabella. (21st May 2021) Dine in or take out - Chinese Cuisine.

ROTI SHOPS

Khan's Roti Shop & Bar-B-Que (648-3423) #5 Mainfield Rd, Point Fortin (13th Dec 2020) Dine in or take out – roti and variety cuisine Bar B Que meats and sides

Naz Cuisine (652-7488) #1 Corinth Road, Cocoyea Village (9th June 2021) Dine in or takeout – Variety cuisine. Breakfast and lunch.

S & N Roti Shop (709-2931) #27 Bonne Adventure Road, Gasparillo. (9th Feb 2021) Dine in or take away. Roti, variety cuisine and lunches.

Sunita's Roti Shop (799-2116) #135 Marabella Main Road, Marabella. (5th June 2021) Dine in or take away. Roti, variety cuisine and lunches. All chicken, duck, beef & goat.

Van's Trini Treats (720-7362) Boot #9, South Haven Mall, S.S. Erin Road, Debe (29th Dec 2020) Roti Shop, local cuisine. All goat, lamb, duck and chicken.

MEATS & POULTRY

786 Meat Suppliers (336-5032) #136 S.S Erin Road, Debe. (29th March 2021) All Poultry.

A N R Meats (766-2000) #66 Ackbar Trace, Avocat. (1st Feb 2021). All chicken, duck, fresh goat and beef.

Anand's Low-Price Poultry (312-9506) New Haven, S.S Erin Road, Debe. (18th Feb 2021) All chicken and duck.

Alim's Poultry Depot (305-5844) #48 Johnson Street, Gasparillo. (6th April 2021) All chicken, layers, broilers and duck.

Ali's (A&A) Poultry & Meat Supplies (650-1509) # 28 Bonne Aventure Main Rd, Gasparillo. (14th Feb 2021) All broilers, layers, ducks etc.

Abdus-Samad's Meat and Poultry Depot (715-9923) #4118 Southern Main Rd, St. Marie Village, Cedros (16th Dec 2020) All chicken, turkey, duck, beef, goat and lamb.

Adam's Poultry Depot (652-3767) #15 Naparima Mayaro Road, Cocoyea Village. (15th Sept 2020) All broilers, layers, ducks etc.

Al-Amin Meat Supplies (610-2894) #1291 Batchya Village, S.S. Erin Rd, Penal. (20th Apr 2021) All broilers, layers, ducks etc.

Fareed's Meat Shop (725-3364) # 97 Dow Village, South Oropouche. (18th Feb 2021) All chickens, ducks, beef, lamb

Faz Meats and Poultry (658-4405) # 21 Market Street, Marabella. (15th Sept 2020). All broilers, layers, ducks, beef, goat, lamb and halaal local turkey.

Fazeed's Poultry Depot (683-6538) Esperance Village, La Romaine. (20th Dec. 2020) Broilers and layers.

Freshco Meats (472-0050) #18 Harris Village South Oropouche, Fyzabad (18th Dec 2020) Broilers, beef, goat and lamb.

Fowl Play (648-7176) #13 Farm Road, Aripero, Rousillac (18th Feb 2021) All broilers.

Haji Meats (299-4254) Parforce Road, Bonne Aventure, Gasparillo. (20th Dec 2020) All beef, lamb, goat, duck and chicken.

Halaal Poultry and Meat Supplies (312-9506) Debe Junction, Debe. (24th March 2021) All beef, lamb, goat chicken and duck.

Market City (655-1586) #15 Cocoyea Village. Naparima Mayaro Road, San Fernando. (18th Feb 2021) All broilers, layers, ducks etc.

Mor Meats (295-6380) #51 Thick Village Siparia Rd. Siparia. (16th Oct. 2020) All broilers, ducks, goat, beef, lamb.

Reform Poultry Depot (228-5501). #18 Railway Road, Reform Village, Gasparillo (5th June 2021) All chicken, layers, broilers and duck.

S. Mohammed Meat Shop (343-8972) #1194 Abdool Village, Penal. (10th November 2020) All chicken, duck and layers.

Shamo's Poultry & Meat Shop (301-2090) # 45 Siparia Old Road, Fyzabad. (22nd May 2021) all beef, lamb and broilers.

Waz Meathouse (360-0886) #266 Grant Road Ext. Rousillac. (20th Dec 2020) All broilers, layers, ducks etc.

Khan's Poultry & Halaal Meats (346-7810) #98 Ciperio Road, Victoria Village (26th Jan 2021) All meats, broilers and ducks.

Princes Town & Environs

BBQ, BURGER & GRILL

Ali's BBQ (648-2822) #6 Ponderosa Estate, Libertville, Rio Claro (25th Jan 2021) Take out - BBQ chicken, lamb and sides.

BBQ Boyz (formerly Mohammed's Bar-B-Que Hut) (334-0714) No 117 B Craignish Rd. Princes Town. (18th Feb 2021) Take out BBQ chicken, lamb and sides.

D Brother's Bar B Que (770-7772) Craignish Village, Princes Town. (Aug 2021) Take out Bar B Que, grilled meats and sides.

FAST FOOD/ RESTAURANTS

Shameel's Food Place (317-3889) #502 Rochard Road, Penal (8th Nov 2020) Dine in or take out – variety cuisine, Indian delicacies, roti.

Amin's Restaurant and Catering Services (19th Nov 2020)

- a) High Street, Princes Town. (27th Feb 2021)
- b) #18 Penal Rock Rd. Penal.

Dine in or take out. Roti and variety cuisine breakfast and lunch.

Mr. Halaal Gyro (784-5943) #11 Iere Village Branch Road, Princes Town. (1st October 2020) Grill foods, burgers and gyros. All gyros, beef and chicken.

Robins Fried Chicken (342- 8161)

a) Princes Town Mall, High Street, Princes Town (25th Jan 2021).

b) Naparima Mayaro Road, Palmyra Junction. (14th Oct 2020) All chicken, lamb, beef.

Indigenous Investments Limited Formerly **Japs Fried Chicken Ltd.** (691-5884) (24th Oct 2020). Tabaquite Rd, Rio Claro (644-1903)

CHINESE

Kam Long Chinese Rest. (466-1825) # 102 Rochard Douglas Road, Barrackpore. (20th April 2021) Dine in or take out Chinese cuisine.

Hong Xing Chinese Restaurant (319-1566)

Manahambre Rd. Princes Town (15th Sept 2020) Dine in or take out - Chinese Cuisine.

ROTI SHOPS

K&H Roti Shop Ltd. (710-8453) #84 High Street Princes Town (12th Aug 2021) Dine in or takeout – Roti and variety cuisine and breakfast and lunch menu.

Rasheeda's Trini Curry Pot (399-8406) Winshirls Building, # 6 Tramline Street, Princes Town. (11th Feb 2021) Variety cuisine, breakfast and lunch.

MEATS & POULTRY

Ali's Poultry & Meats (376-5994) #154 St. Croix Road, Princes Town. (1st Feb 2021) All chicken, duck and goat.

Aligour's Poultry & Premier Meats (221-0275) 117 High Street, Princes Town (23rd May 2021) All broilers, layers, ducks, beef, goat.

B&S Aligour (339-7302) 645 Sisters Road, New Grant. (20th July 2021) All broilers, layers, ducks

Baksh Farms Ltd (301-3968) # 28 Wright Trace, Cumuto Road, North Barrackpore. (15th Sept 2020) All ducks, broilers, beef, lamb, etc.

Dillon's Meat Shop (678-7957) #153 Rochard Douglas Road, Barrackpore. (14th Mar 2021) All broilers, layers, duck, goat.

Fazar Allaham Poultry Depot (654-1037) #293 Cumuto Rd. North Barrackpore. (15th Sept 2020) All broilers, layers, ducks etc.

Gut It Meat Shop (482-2397) #100 Cunjal Road Barrackpore. (5th Nov 2020) All broilers and layers.

Hashim's Poultry Depot (654-1780) Kanhai Rd, South, Barrackpore. (4th May 2021) All broilers and ducks.

Lavish Food Ltd. (305-2929) #115 Bristol Village, Mayaro (29th March 2021) All broilers, layers, ducks etc.

Mohammed's Poultry (308-2615). #57 Manahambre Road, Princes Town. (9th May 2021). All chicken, layers, duck & broilers.

R.P.M Meats (782-3847) # 20 Rest House Trace, St Mary's Village, Moruga Road (10th Mar 2021) All broilers, layers ducks, etc.

S&A Poultry Depot (644-1838). 723 Navet Village, Rio Claro. (6th April 2021). All chicken, layers, duck & broilers.

Sayo's Wholesale & Retail Poultry (712-3434) #156 Mandingo Rd Princes Town (15th Sept 2020) All broilers, layers, ducks, beef, goat etc.

Son's Poultry Depot (346-4090) #7 Cunjal Road, Barrackpore (22nd May 2021) All Broilers.

Southern Hatcheries (654-5162) #30 Wright Trace, Cumoto Rd. Barrackpore. (15th Sept. 2020) All broilers and ducks.

Suncoast Farms (495-3355) #91 S.S Erin Road, Penal. (15th Sept 2020) All Rabbits.

Zainool Aligour's Poultry (377-6100) 117 Craignish Village, Princes Town (15th Dec 2020) All broilers, layers, ducks etc. Also, beef, goat etc.

CATERERS

The Parda Chef by Hannah Khan Formerly Abdul Ghanny Caters (705-7051) St. Medeline (19th April 2021) Samosas, Pastries, Snack Foods.

Behtareen Cuisine (713-4232) Lp # 13 Warren Munroe Road, Warrenville Cunupia (25th Jan 2021) Authentic Indian Cuisine.

Burger Bites (477-8578) Kanhai Road, South Barrackpore. (9th Nov

2020) Caters Beef, Chicken and Lamb burger patties.

Deli Delights Ltd. (663-3908) #26 Rattan St. Bamboo Sett. # 2 Valsayn (27th Feb 2021) Samosas, burger patties and pastry pies.

Flaky Treats (776-5616) #61 Ali Drive, Off Johnny King Road, Aranguez. (7th May 2021) Samosas and pastry pies.

Flora Catering Services (671- 2360) 111 John Street Montrose, Chaguanas (17th Mar 2021). Catering for all occasions, Variety cuisine.

Jameela and Fazeela Catering and Asma's Roti (674-3344) Evelyn Trace, El Socorro Rd, San Juan (28th Jan 2021) Take out roti skins, Indian delicacies, samosas and sweets.

Java Grill & Catering (338-5728) #25 Assaraf Road, Charlieville. (3rd Feb 2021) Grill Foods. All beef, lamb, goat and chicken. Take away.

Karim's Delight. (326-7289) Ajim Ali Street, Munroe Road, Cunupia. (28th Apr 2021) All chicken, lamb & beef pies, samosa patties and catering.

Khan's Homemade Sweet & Savoury (674-6660) #3 Calcutta Street, San Juan (15th June 2021) Indian delicacies, samosas, sweets.

Quality Caterers (780-9780) #159 Union Rd. Marabella. (14th Jan 2021) Caters meals for all occasions. Dine in or take away – variety cuisine, breakfast and lunch.

SHAM'S Catering Services (672-4651) Main Road, Montrose, Chaguanas. (15th Sept 2020) Chinese & Indian cuisine.

Sweetie Pie (675-2967) #52 Moulah Trace, Aranguez Main Road (14th Feb. 2021) Samosas, Indian delicacies, sweets, cakes, etc.

Sweet Treats Savory & Samosa (777-6132) #147 Western Main Road, St.

James. (9th September 2020) Samosas, pies and pastries. All chicken and beef.

Taj Catering Service (773-8531) ASJA Avenue, Charlieville. (22nd May 2021). Catering for all occasions. Variety cuisine.

The Weekend Caterer (672-9573) Ferose Ali Crescent, Brianna Ave, Off Munroe Rd. Cunupia. (4th May 2021) Indian delicacies and desserts and variety cuisine.

Wonton Kings (784-8698) LP 50 Sultan Lane, El Socorro Road, San Juan. (10th Nov 2020) All chicken wontons.

Zalena's Catering (747-4393) Bim Bim Trace, San Juan. (14th Nov 2020) Local cuisine. All chicken, goat, duck.

BAKERIES DESSERTS

A.S.S.A.R HOLDINGS (236-7058) Sun Plaza, Munroe Road Flyover East, Charlieville. (20th April

2021) All bakery products, cakes, sandwiches, pastries and pies.

Bakery Treatz (672-9625) #75 Rodney Rd. Endeavour, Chaguanas. (12th August 2021) All bakery products cakes, sandwiches and pasta.

Buttercup Pastries (363-9425) Ajim Ali Street, Munroe Road, Cunupia. (28th April 2021) All pastries and pies. By orders only.

Dessert Den (757-6142) #10 Mausica Street, Arima (14th November 2020) Cheesecake on a stick and gourmet cheesecakes. By orders only.

Just Dessertz & Treatz (668-5952) Lp #57 Juteram Street, Sangre Grande. (15th March 2021) All cakes, pastries, ice cream, chicken & beef products.

Mk's Gourmetlicious (752-6320) LP# 52 Mowlah Street, Aranguez (8th May 2021) Cakes, pies etc. by order only.

Rolling Pin Academy TA

Rolling Pin

Desserts (730-4813) #2

Persad Street, El Dorado. (5th Jun 2021) All desserts, cakes, pastry and pies. Call to place orders.

Sweet Impressions by

Sar & Irsh (496-5748) #4

off Southern Main Road, #4 Freeport. (5th Jun 2021) All desserts, cakes, pizza and finger foods. Call to place orders.

Sweet Treats Savory &

Samosa (777-6132) #147

Western Main Road, St. James. (9th September 2020) Samosas, pies and pastries. All chicken and beef.

Triple K Bakery (671-

3202) # 8 Caroni Savannah Road, Chaguanas. (10th Dec 2020) All bakery products.

TOBAGO

ROTI SHOPS

Azeeza's Multi Cuisine

(755-0383) Lowlands Mall, Tobago (24th December 2020) Roti Shop, local cuisine. All beef, goat, lamb and chicken.

MEATS &

POULTRY

Prospect Chicken

Company Lp #93 Orange

Hill Road, Prospect, Tobago. (15th September 2020). All broilers, layers.

CARIBBEAN

MEATS &

POULTRY

HYLYNE CGL LTD (+1-

758-453-1422) Morne Du

Don, Castries, St. Lucia (20th July 2021). All broilers, layers.

NEW COMPANIES WITH DUHC LOGO

**Coconut Growers
Association Limited**
Eastern Main Road,
Laventille, Trinidad.

R.H.S. Marketing Limited
#15 Frederick Settlement,
Industrial Estate, Caroni,
Trinidad.

**ASA Enterprises Ltd. (Oh
Snacks)** Ramkisoan Trace,
Mc. Bean Couva.

Twigs Naturals #30
Moraldo Street, Maraval,
Port of Spain.

**Bwana Business
Incorporated (Trinidad)
Limited** LP# 209 Corner
Southern Main Road,
Bamboo Village, Cedros.

Carib Brewery Limited
Eastern Main Road,
Champs Fleurs. Smalta,
Ginseng and Malta only.

NO LONGER OPERATIONAL

**West Indian Canada
Trading** Lot #8, Cunupia
Main Road.

Ali's BBQ #3 Jerningham
Junction. Caroni Savannah
Road, Charlieville.

Makkah Cafe (749-4197)
Lot #4 Southern Main
Road, Warrenville.

**Homies Bar B Que &
Burger Shed** #53 New
Colonial Rd, Barrackpore.

D' Roti Hott #53 New
Colonial Rd, Central
Barrackpore.

**Imam's Steakhouse &
Grill** Atlantic Plaza, Pt.
Lisas.

**The Arepa Place
Colombian Grill** El
Socorro Main Road, San
Juan.

Patel's Parathas Sun
Delight Plaza, Charlieville.

Rae's Buffet Sun Delight Plaza, Charlieville.

Early Start Kitchen #3-4 Railway Road, Arima.

Khan's BBQ Hut #127 Munroe Road, Cunupia.

Ann's Homestyle Kitchen
191 Caroni Savannah Road, Charlieville.

Sheleez Corner Mon Plasir and River Road, Cunupia.

Amin's Roti Shop
a. #21 Lord Street, San Fernando
b. #115 Ciperó Road, Golconda Village.

Robins Fried Chicken
#1 Matilda Junction, Princes Town.

**NO LONGER
CERTIFIED BY
DUHC.**

TaalCurry Ltd AVM Plaza, #54 Montrose Main Road, Montrose.

**Za'atar Arabian Grill
Fusion Kitchen** LP 813 S.M.R Couva.

**NO LONGER
REQUIRES
CERTIFICATION.**

**Mr. Spiceno Finger
Foods Ltd.** #17 Francis Lalla Road, Charlieville.

Sweet Hand #185 Ciperó Rd. Victoria Village.

**Ali's Burger and Grill
Foods** El Socorro Main Rd. San Juan.

Soups and Grill 5th Street, Barataria.

Pappy's Bar-B-Que Chin Chin Road, Cunupia.

Anu's Food Palace # 100 A Warren Main Road, Warrenville, Cunupia.

The Bread Bin High Street, Princes town.

BBQ PLACE (378-4543) #145 Boundary Road, San Juan.

MISCELLANEOUS

ASA Enterprises Ltd. (Oh Snacks) (679-7651) Ramkison Trace, Mc. Bean Couva. (20th May 2021) All healthy snacks and products.

Fresh Start Juices (637-4902) #25 Senior St. via Manning St., Diego Martin (5th Nov 2020) All juices, drinks, cordials and syrups.

Juice Up (El-Kar Marketing Ltd) (383-7585) #47 Tissue Drive, Trincity, Trinidad. (7th July 2021) All juices.

K.C Confectionery (636-6468) 95-97 Southern Main Road, Couva (29th April 2021) All hard candy, toffees, lollipops, gums and chew.

Laalisco Products (469-5189) #40 Constance Street, Montrose, Changuanas. (6th July 2021) All goat milk products.

Sacha Cosmetics Ltd (673-3333) # 1-3 Eagle's Crescent, Mission Road, Freeport (5th May 2021). All cosmetics and perfumes.

SSKR Enterprises, La Romain, Trinidad and Tobago. (774-0299)

(March 2021)
Mutton Biryani Masala,
Sindhi Biryani Masala,
Butter Chicken Masala
Butter Chicken Masala
Tandoori Masala
Bombay Biryani Masala
Strawberry Jelly Crystals
Raspberry Jelly Crystals
Mixed Fruit Jelly Crystals
Cherry Jelly Crystals

Tasters Premium Choice (385-8023) #32 petite Gopaul, Diego Martin. (5th November 2020) All yogurts.

OTHER PLACES AND PRODUCTS

The following information is for places which sell some halaal products but are not certified. The Darul Uloom does not CERTIFY places which sell alcohol, even if the food there is halaal. This is the same for places selling pork and other prohibited meats and products. However, some places are APPROVED for meals and products specifically listed, which are presented below. Please note that there is NO guarantee that the information presented below will always be the same, since these places are not certified. It is therefore up to the customer to be vigilant and be careful before purchasing.

APPROVED FAST FOOD OUTLETS

KFC:

The D.U.H.C. has approved the following outlets of K.F.C.

- 1. Cunupia (Munroe Rd. Junction)**
- 2. St. James (Near to the St. James Masjid)**
- 3. Piarco (Airport)**
- 4. San Juan (Croisee)**
- 5. Gulf View (Opposite Gulf City Shopping Complex)**
- 6. Princes Town (Main Rd.)**
- 7. Eastern Main Road, El Dorado**
- 8. Extra Plaza, Endeavour, Chaguanas**
- 9. Movie Town, Port of Spain**

The following items are halaal to consume at these KFC outlets:

- All Chicken pieces and nuggets
 - All Chicken Sandwiches
 - Fries
 - Corn on the Cob
 - Mashed Potato **without**
- Gravy**
- Cole Slaw

- All Condiments
- Biscuits
- Fish and fish sandwiches
- Popcorn chicken

KFC regularly introduces new items for a short period. These will be reviewed as they become available and the information will be posted on our website.

Church's Fried Chicken

All outlets in Trinidad and Tobago serve halaal products. Please note that in two outlets, there is a breakfast menu that is not approved by us and we do not recommend purchasing there. These are:

Henry Street, Port of Spain and Chaguanas.

All other outlets are permissible.

The following items are halaal to consume at the Church's outlets: -

- All Chicken pieces
- All Chicken sandwiches
- Fries
- Chicken tenders
- Mashed potato without gravy
- Cole slaw
- All condiments
- Honey Biscuits

- Fish and fish sandwiches
- Corn nuggets
- Apple pie

Church's regularly introduces new items for a short period. These will be reviewed as they become available and the information will be posted on our website.

Royal Castle:

The following outlets sell halaal products:

1. **Piarco Airport**
2. **Cumuto (Gas Station)**
3. **Arima- Dial**
4. **Arima-Ridgewood Plaza**
5. **Endeavour Medford Gas Station**
6. **Rio Claro**
7. **Shoppes of Arima – Arima**
8. **Sun Delight Plaza - Charlieville**

The following items are halaal to consume at these Royal Castle outlets:

- All Chicken pieces
- All Chicken sandwiches
- Fries
- Veggie Burgers
- Cole slaw
- All condiments
- Fish and fish sandwiches
- Potato salad
- Green salad

Mc Donald's:

The four Mc Donald's outlets serve halaal products. All the halaal products are identifiable by a blue logo with the word "halaal" written within it.

The four outlets are:

1. **City of the Grand Bazaar**
2. **Cipriani Blvd. Port of Spain**
3. **Gulf City Mall**
4. **Gulf View**

The following items are halaal to consume at these outlets:

- All Chicken pieces
- Salads
- Salads with chicken
- Fries and other sides
- Desserts
- All condiments
- Fish and fish sandwiches
- Apple pie
- Ice Cream
- Cold and hot drinks

Please Note: Chicken nuggets, turkey bacon and beef burgers are **NOT** halaal products.

Mc Donald's regularly introduces new items for a short period. These will be reviewed as they become available and the information will be posted on our website.

Popeyes:

All outlets sell only halaal products:

1. **Grand Bazaar Food Court**
2. **Trincity Food Court**
3. **Movie Towne**
4. **Off Churchill Roosevelt Highway, Holiday Inn Drive.**
5. **Price Plaza, Endeavour.**

The following products are halaal to consume at these Popeyes outlets:

- All fried chicken pieces
- All chicken sandwiches
- Fries
- Chicken strips
- Cole slaw
- All condiments

- Fish and fish sandwiches
- Biscuits
- Mashed potato
- Vegetable rice
- Salads

Indigenous Investments Limited Formerly **Japs Fried Chicken Ltd.**

The following outlets of Indigenous Investments Limited are certified halaal:

1. **Saddle Road, San Juan**
2. **Sangre Grande, Andre Street.**
3. **Foster Road, Sangre Grande.**
4. **#151 Mon Batille Road, Mayaro**
5. **Tabaquite road, Rio Claro**
6. **Gulf City Food Court**
7. **Arima**
8. **Valencia**
9. **Princes Town**
10. **Store Bay Local Road, Tobago**

The following items are halaal to consume at these outlets:

- All Chicken pieces
- Fries and other sides
- Desserts
- All condiments
- Fish and fish sandwiches
- Ice Cream
- Cold and hot drinks

Please note: Some outlets sell Pizzas, **only the chicken pizzas are halaal.**

Burger King:

Only the fried chicken on the bone and fries are halaal at the following outlets:

Gulf City	Princes Town
Gasparillo	Chaguanas
Price Plaza	Curepe
Trincity	Maraval

Please ensure that there is no contamination of your items with non- halaal items sold at the outlets.

Personal Care Items

Personal care items are used every day by Muslims, mostly externally. Nevertheless, some of these products are not permissible due to the ingredients used in their production. In the list that follows we have divided these items by category and have listed the brands that are suitable for use by Muslims. Items that are not considered suitable are those containing ingredients derived from the pig or other animals/insects, whose use is considered as prohibited by Islamic Law (Shariah), as well as products containing ingredients derived from tissues of human beings. As far as possible details are provided on products which may be vegetarian in nature or otherwise. The halaal status given to the product is in no way meant to endorse any particular brand or to in any way, comment on its efficacy, validity or safety for use.

PERSONAL CARE PRODUCTS WHICH ARE APPROVED AS SUITABLE FOR USE BY THE D.U.H.C

BAR SOAPS:

- Kirkland Signature
- Kirk Castille
- Fine Soaps- All types
- Irish Spring- All types
- Lava
- Tom's of Maine- All types
- Palmolive
- Cashmere
- Softsoap
- Protex
- 365
- Crescent
- Cetaphil
- Lush
- Zest
- Purest

- Every
- Lux
- Tone
- Murphy Oil Soap

BODY LOTIONS AND MOISTURIZERS:

- Cetaphil Moisturizing Lotion
- Eucerin
- Lubriderm- All types
- Lush
- Aveeno- All types
- Nivea
- Neutrogena
- Vaseline
- Amway – Artistry Brand Facial and Skin Care Products
- Sauve

BODY WASH:

- Zest
- Irish Spring
- White Rain
- Softsoap
- Pure and Natural
- Aveeno
- Suave
- Nivea
- Ocean Fresh
- Tom’s of Maine
- St Ives

MOUTHWASH:

- Crest Pro Health
- Tom’s of Maine
- Listerine Zero and Listerine Mouth Strips
- Colgate Optic White

DEODORANTS:

- Right Guard
- Lady Speed Stick
- Dove
- Speed Stick
- Almay
- Axe
- Brut
- Degree
- Soft and Dry
- Mitchum
- Arm and Hammer
- Irish Spring

TOOTHPASTES:

- Sensodyne
- Close Up
- Pepsodent
- Mentadent
- Gleam
- Aqua Fresh
- Arm and Hammer
- Aim
- All Crest **except** Crest with Scope
- All Colgate **except** Colgate Wisp
- Ultra Brite

SHAMPOO AND CONDITIONER:

- Prell
- Aussie
- White Rain
- Axe and Axe-Anti Dandruff
- L'oreal

- Suave
- Dove
- Matrix
- Garnier Fructis
- VO5
- Lush
- Bodyshop

SKIN CARE

- Noxemail Folic acid is not present.
- Jergens
- Bodyshop
- Lush
- Neutrogena Facial Cleanser
- Vaseline Petroleum Jelly

HAIR CARE

Igora	Essensity
Bonacure	Seah
3d Men	Osis
Silhouette	Supreme Keratin
Lush	Clear

HAIR COLOURS:

- Just for Men
- Revlon

HAIR GEL:

- Lush

COSMETICS:

- Sacha Cosmetics- All cosmetics and perfumes
- Nonicare- All Products
- Mac
- Klarity (Singapore)
- Sampura (U.K)
- Glow by Claudia nour (U.S.A)
- Imika (Australia)
- Wardah (Indonesia)
- So Lek (Malaysia)
- Zahura (Singapore)
- Talent (south Korea)
- Jole Beaute (Indonesia)
- Halal Beauty (U.S.A)

Liquid Hand Soap

- Dial
- Softsoap
- Flowershop

Denture Cleanser

- Polident

Dental Floss

- Oral B
- Reach

SUNBLOCK:

- Neutrogena- liquid lotion sunblock
- Multi Vitamin Nourishing Moustrizer Sun Protection

BABY CARE:

- Johnson and Johnson Products

- Vaseline Baby Petroleum Jelly

BABY WIPES:

- Pampers
- Huggies

AFTER SHAVE:

- Barasol
- Pure silk
- Edge
- Nivea
- Skin Mate
- Aveeno
- Schick
- EOS
- Afta

TOOTHBRUSHES:

- Reach
- Oral B
- Colgate
- Crest
- Aqua Fresh

DISHWASHING LIQUID:

- Palmolive
- Joy
- Dawn
- Cascade
- Ajax

FABRIC SOFTNER:

- Suavitel
- Kirkland

PERSONAL CARE PRODUCTS BY BRAND:

- Aloe Vera of America
- Herbalite International
- NSE Products
- Sun Rider International
- Tom's of Maine Unilever Pakistan Ltd.
- Silk Road Wellness

Please Note: Due to the vast amount and variety of products regarding this section, updates will be posted whenever available, so though a product is not listed, it **does not mean** that it is not permissible to use. **HOWEVER**, be cautious and read the ingredients of items before purchase and use, for they may contain chemicals which are haram.

PROCESSED MEATS

The following are the processed meats presently approved:

- **Perdix** – Made in Brazil – All Beef products only
- **Sadia** – Made in Brazil - All Beef products only.
- **Heat and Eat** –Made in Trinidad by Fine Choice Ltd. – All chicken and turkey products.

- **Naisa-** Made in Trinidad by Naisa Brands Ltd. – All beef and lamb bologna and beef and lamb burger patties, chicken, beef and lamb hotdogs, bologna etc.
- **Mr. and Mrs. Grill** - All burger patties, hotdogs and bologna.

Please note:

Great Foods and Sara processed meat products are **NOT** approved. There are no brands of Vienna sausages which are approved as halaal.

Meat from Uruguay - Beef and Lamb imported from Uruguay and certified by Uruguay Islamic Centre are approved as halaal by the Darul Uloom Halaal Committee.

Meat from New Zealand,

Australia

Beef, Lamb and Goat imported from New Zealand and certified by New Zealand Meat Management (NZMM) and Federation of Islamic Association of New Zealand (FIANZ), as well as meat certified by AFIC, AHFST, ICCA in Australia etc. have been approved as halaal.

Meat from USA

Beef and beef products certified by Halal Transactions of Omaha, and Islamic Services of the Washington Area (ISWA) are approved as halaal.

List of Halaal Corned Beef sold in Stores Locally.

Please note all of the following brands **must** have a halaal logo on the label.

- > Matouks
- > MP
- > Swift
- > Saara
- > Target
- > Hereford
- > Rainbow
- > Kings
- > Price Saver
- > Carmela
- > April
- > Happi
- > Naisa
- > Western
- > Sussex
- > Grace
- > Anglo

APPROVED MEAT SUPPLIERS

Halaal beef, lamb, goat, etc. meats can be obtained from many suppliers including:

NM Ghany and Co. Ltd
Naisa Brand Products
Gopaul and Company Ltd.
Westco
Vasha Foods
Hadco
Southern Food Basket

Please note that these suppliers and many supermarkets sell halaal beef, lamb etc. Customers interested in purchasing halaal meats should ensure that non- halaal meats are not cut on the same meat cutters. They must also look for the relevant halaal certificates that are posted up for public view. Please call the DUHC if there are any doubts.

The information presented above is intended to inform the Muslim consumer with regards to the HALAAL STATUS of these items/places according to our standards. It is not presented as an endorsement or criticism of these products or places.

O you who believe, eat of the good things We have provided to you and be grateful to Allah, if it is He whom you worship.
Holy Quraan (2:172)